

Monday



Pork Sausages (G,SU)



(V) Chinese Style Quorn Noodles (E,G)

Every day choose from:



(V) Jacket Potato with Cheese (D)

OR



Jacket Potato with Tuna Mayonnaise (E,F)

OR



(V) Jacket Potato with Cheese and Beans (D)



Tuna Mayo Sandwich (F,E,G,SB)



Turkey Soft Bap (G)



(V) Cheese Soft Bap (D,G)



Sliced Ham Sandwich (SB,G)



Pasta Bolognese (G) Optional Cheese (D)

Friday



(V) Rustic Margherita Pizza (D,G)

*Crispy Fishcake (F,G,SB)



(V) Egg Mayonnaise & Cress Soft Bap (G,E)

Week 1 Dessert Menu

Every day we offer:

(V) Yeo Valley organic yoghurt (D) or fresh fruit as alternative dessert options

Monday

(V) Strawberry Swirl Mousse (D)
(V) Cheddar Cheese Crackers and Apple Wedge (G,D)

Tuesday

(V,h) Homemade Iced Mandarin Sponge (G,E)

Wednesday

(V,h) Apple Pie (G) with Custard (D)
Ice Cream Tub (D)

Thursday

(V) Chocolate Mousse with Fruit in Juice (D)
(Vg) Homemade Crunch Cookie (G)

Friday

(V) Homemade Sticky Ginger Cake (G,E)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit, juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown in the photographs.

Key

- VG = Vegan
- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/Wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

*Simon and Sweet Potato



Week 2 Dessert Menu

Every day we offer:

(V) Yeo Valley organic yoghurt, (D) or fresh fruit as alternative dessert options

Monday

(Vg) Homemade Flapjack (G)

Tuesday

(Vh) Homemade Sponge Cake with Fruit in Juice (G,E)

Wednesday

(Vh) Homemade Fruit Crumble (G) with Custard (D)
(V) Ice Cream Tub (D)

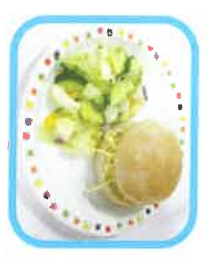
Thursday

(Vg) Homemade Chocolate Shortbread (G)

Friday

(V) Dinky Doughnuts with Dipping Sauce (G,E,D,SB)

Every day choose from:



(V) Cheese Soft Bap (D,G)



British Roast Chicken Wrap (G)



Ham Soft Bap (G)



Tuna Mayo Sandwich (F,E,G,SB)



(V) Cheese Soft Bap (D,G)



(V) Vegetable Cottage Pie with Cheesy Mash Top (D)



(V) Quorn Korma (Very mild) (M,D,E)



(Vg) Veggie Bolognese with Noodles (G,SB)



(Vg) Veggie Sausages (G,SB,SU)



(V) Quorn Nuggets (G,D,E)



Organic Pork Meatballs (G,SU)



Brunch: Sausage (G,SU), Bacon, Omelette (D,E)



Roast Beef in Gravy



Chicken Pie (D,G)



Breaded Pollock Fillet (F)

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Accompaniments may vary to those shown.



FS 634414

Meat Free Monday



(V) Cheese and Tomato Pizza Wedge (D,G)



(vg) Breadcrumbed Vegetable Fingers (G)

Every day choose from:



(V) Jacket Potato with Cheese (D)



Jacket Potato with Tuna Mayonnaise (EF)



(V) Cheese Sandwich (D,G,SB)



British Sliced Turkey Wrap (G)



Tuna Mayo Soft Bap (G,FE)



British Roast Chicken Soft Bap (G)



(V) Cheddar Cheese Wrap (D,G)

Week 3 Dessert Menu

Every day we offer:

(V) Yeo Valley organic yoghurt (D) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Chocolate Cracknel (G)

Tuesday

Jelly with Fruit

(V) Ice Cream Tub (D)

Wednesday

(V,h) Homemade Up Beet Chocolate Cake (GE) with Hot Chocolate Sauce (D)

Thursday

(vg) Homemade Zesty Orange Cookie (G)

Friday

(V,h) Homemade Favourite Fruit Muffin (G,ED)

(V) Ice Cream Tub (D)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

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Thursday

Roast Chicken Joint or Fillet



Organic Beef Lasagne (G,D)



Gluten Free Fish Fingers (F)

Friday



(V) Vegetable Korma (M,D,E)



(vg) Veggie Hot Dog (G,SB,SSU)



(V) Pasta in a Rich Tomato Sauce (D,G)

Tomato Fuli