



Monday
 Pork Sausages (G, SU)



Tuesday
 BBQ Chicken Fillet Wrap (G)



Wednesday
 Roast Pork or Gammon



Thursday
 Pasta Bolognese (G), Optional Cheese (D)



Friday
 *Crispy Fishcake (F, G, SB)



Every day choose from:
 (v) Chinese Style Quorn Noodles (E, G)



(v) Jacket Potato with Cheese (D)



(v) Chef's Free Range Omelette (D, E)



(v) Vegetable Korma (M, D, E)



(v) Cheddar Cheese and Potato Pie (D, E)



Tuna Mayo Sandwich (F, E, G, SB)



Roast Chicken Soft Sap (G)



(v) Cheese Soft Sap (D, G)



Sliced Ham Sandwich (SB, G)



(v) Egg Mayonnaise & Cress Soft Sap (G, E)

Week 1 Dessert Menu

Every day we offer:
 (v) Yeo Valley organic yoghurt. (D) or fresh fruit as alternative dessert options

Monday

(v) Strawberry Swirl Mousse (D) or (v) Cheddar Cheese, Crackers and Apple Wedge (GD)

Tuesday

(v) Homemade Peach Melba Sponge with Raspberry Drizzle Icing (G, E)

Wednesday

(vg) Homemade Apple Charlotte (G, SU) with (v) Custard (D) baked apple with a crispy, oaty topping or (v) Ice Cream Tub (D)

Thursday

(v) Chocolate Mousse with Fruit in Juice (D) or (vg) Homemade Cherry Cookie (G)

Friday

(v) Homemade Chocolate Frosted Sponge (GED)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown in the photographs.

Key

- vg = vegan
- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/Wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

*Salmon and Sweet Potato





Monday



Organic Pork Meatballs. (G.SU)

OR



(vg) Veggie Sausages (G.)

Tuesday



(vg) Homemade Flapjack (G.)

OR



(v) Jacket Potato with Cheese (D.)

OR



(v) Quorn Korma (very mild) (M.D.E.)

Wednesday



Brunch: Sausage (G.SU), Bacon, Omelette (D.E.)

OR



Roast Beef in Gravy

Thursday



Chicken Pie (D.G.)

OR



(vg) Veggie Bolognese with Noodles (G.SB.)

Friday



Breaded Pollock Fillet (F.)

OR



(v) Quorn Nuggets (G.D.E.)

Week 2 Dessert Menu

Every day we offer:
(v) Yeo Valley organic yoghurt. (D.) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Flapjack (G.)

Tuesday

(v) Homemade Chef's Sponge Cake with Fruit in Juice (G.E.)

Wednesday

(vg) Homemade Fruit Crumble (G.) with (v) Custard (D.) or (v) Ice Cream Tub (D.)

Thursday

(v) Homemade Up Beet Chocolate Cake (G.E.)

Friday

(v) Dinky Doughnuts with Dipping Sauce (G.E.D.SB.)



(v) Cheese Soft Bap (D.G.)

OR



British Roast Chicken Wrap (G.)

OR



Ham Soft Bap (G.)

OR



Tuna Mayo Sandwich (F.E.G.SB.)

OR



(v) Cheese Soft Bap (D.G.)

OR

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Meat Free Monday



(v) Cheese and Tomato Pizza Wedge (D,G.)

Tuesday



Organic Beef Grill (G) in a Bun (G.)

Wednesday



Roast Chicken Joint or Fillet

Thursday



Organic Beef and Tomato Fustilli (G.)
Optional Cheese (D.)

Friday



Gluten Free Fish Fillet Fingers (F.)



(vg) Plant Power Veggie Balls
with Rustic Tomato Sauce



(v) Cheesy Pasta Bake (G,D.)



(v) Quorn Fillet (E.)



(vg) Veggie Hot Dog (G.)



(v) Broccoli and Sweetcorn Pasta (D,G.)

Every day choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna
Mayonnaise (E,F.)

or



(v) Jacket Potato with Cheese
and Beans (D.)



(v) Cheese Sandwich (D,G,SB.)



British Roast Chicken Wrap (G.)



Tuna Mayo Soft Bap (G,F,E.)



British Roast Chicken Soft Bap (G.)



(v) Cheddar Cheese Wrap (D,G.)

Week 3 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Chocolate Cracknel (G.)

Tuesday

Jelly with Fruit or
(v) Ice Cream Tub (D.)

Wednesday

(v) Homemade Syrup Sponge (G,E.)
with Custard (D.) or
(vg) Homemade Zesty Orange Cookie (G.)

Thursday

(vg) Homemade Shortbread (G.)

Friday

(v) Homemade Chocolate and
Pear Brownie (G,E.)
(v) Ice Cream Tub (D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi-skimmed milk and water to drink.

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